# Stephen Hoffman

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| **From:** | robert.ast@trob32.com |
| **Sent:** | Tuesday, January 18, 2022 9:10 AM |
| **To:** | IRRC |
| **Subject:** | Regulation #16A-4953: Registration of Naturopathic Doctors |
| **Importance:** | High |

Hello Commonwealth of PA

My name is Robert Ast and I support the registration of naturopathic doctors in Pennsylvania. Registration will help myself and my family feel comfortable and confident that our naturopathic doctor has been well educated and trained. I understand the importance of naturopathic doctors in our healthcare system. NDs can fill a role on my healthcare team to educate me not only on in-depth lifestyle and dietary changes, but also naturopathic doctors are knowledgeable on herbal medicine and supplements that will support my whole body. In addition, a naturopathic doctor can take time to work with me and listen to my report of symptoms and personal medical history, in contrast to a medical doctor who isn't allotted this time in a conventional setting.

Naturopathic doctors are experts in natural therapies. I feel safe seeing a certified ND as I know there are risks to supplements and herbs I self-start without seeking professional care. Please support the registration of naturopathic doctors in Pennsylvania not only for myself but for my neighbors to be educated in the field of naturopathic medicine.

We need these qualified people to practice in PA.

Kindest Regards,

Bob

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